

## **The Power of Magic (Markers)**

Something magical happens at our kitchen table when my girls are drawing together. And by "my girls" I mean my 20-year-old and 10-year-old (yes, you read right).

You can feel the calming experience that they share when they are painting or drawing together...and once it's on paper it becomes a unique part of our home.

Art has been proven to help wire the brain. The American Association of School Administrators notes that neuroscience research has shown that the effects of the arts on a young brain's cognitive, social and emotional development can be profound.

So why not put all that learning and creativity to even further use by incorporating it into your room's interior design?

You don't have to purchase museum-quality art. A meaningful photo, a child's masterpiece, even your family's fingerprints can be curated and displayed in a creative manner that will spark memories and positive emotions in your home.